

## Booking Form

Name: . . . . .

Age: . . . . .

Address: . . . . .

Contact Tel No.: . . . . .

Email: . . . . .

**Course you would like to book, please tick:**

Spring Programme:

Summer Programme:

**Camps: £55.00 per child 9.00am-3.00pm**

Easter April 6<sup>th</sup> – 9<sup>th</sup>

Summer, Aug 10<sup>th</sup> – 14<sup>th</sup>  17<sup>th</sup> – 21<sup>st</sup>  24<sup>th</sup> – 28<sup>th</sup>

### Coaching Fees for full Course:

**Members: £30 / person (1 session / week)**

Members: £40 / person (2 session / week)

Members: £50 / person (3 session / week)

**Non-Members £50 / person (1 night / week)**

Non-Members £60 / person (2 nights / week)

Non-Members £70 / person (3 nights / week)

(non-members cannot use club or courts outside of coaching sessions and are unable to attend Junior Club Night)

Please return booking form and fee to Bangor Tennis Club,  
Farnham Park . BT20 3SR

(off Farnham Road, which is off the Bryansburn Road, Bangor West)

Tel: 02891 470918



**Bangor Tennis Academy**  
*in association with*  
**Bangor Tennis Club**

## Junior Tennis Coaching 2009

**Spring Programme**  
February 2<sup>nd</sup> – April 4<sup>th</sup>

**Easter Camps**  
April 6<sup>th</sup> – 9<sup>th</sup>

**Summer Programme**  
April 20<sup>th</sup> – June 28<sup>th</sup>

**Summer Camps**  
August 10<sup>th</sup> – 14<sup>th</sup>  
August 17<sup>th</sup> – 21<sup>st</sup>  
August 24<sup>th</sup> – 28<sup>th</sup>

[www.Bangortennisacademy.com](http://www.Bangortennisacademy.com) / Tel: Tim on 07542 920293

**fit for life!**

## Coaching Timetable

Day	Sat	Sun	Mon	Tue	Wed	Thur	Fri
Age & Time			J U N I O R		J U N I O R		
3 – 4	9.45 – 10.30	1.15 – 2.00		3.45 – 4.30		3.45 – 4.30	3.45 – 4.30
5 – 6	9.45 – 10.30	1.15 – 2.00		3.45 – 4.30		3.45 – 4.30	3.45 – 4.30
7 – 8	10.30– 11.30	2.00– 3.00	C L U B	4.30– 5.30	C L U B	4.30– 5.30	4.30– 5.30
9 – 10	11.30– 12.30	2.00– 3.00		5.30– 6.30		5.30– 6.30	5.30– 6.30
11 – 14yrs	12.30– 1.30	3.00– 4.00	N I G H T		N I G H T	6.30– 7.30	6.30– 7.30
15 +	5.00– 6.00	4.00– 5.00					7.30– 8.30

Junior Club Night Free for members

## Welcome to Bangor Tennis Academy

run by  
**Tim Blomley**

Tim has been a professional tennis coach for over 24 years and is an accredited LTA level 2 and TennisIreland level 1 coach. He has represented both Ireland and Ulster in competitive tennis. He has played against such greats as Jimmy Connors and Goran Ivanisevic

Tim is now coaching exclusively through Bangor Tennis Academy

By enrolling your child with Bangor Tennis Academy you will be providing a skill for life. Tennis develops co-ordination through throwing, catching, running and jumping. It also raises confidence both as an individual and as a member of a team and provides exercise in a healthy and safe environment.

